



NATIONAL UNION OF DISABLED PERSONS OF UGANDA (NUDIPU)

OKWANJURA ABIKUKWATA AHAKITONGOLE AKYA NUDIPU

NUDIPU nekitongore ekiri omwihanga ryeitu Uganda. ekirikukwata aha bantu abaine obureema aha mibiri yaabo. Kikatandika omu mwaka gwa 1987 okukunganira hamwe abeine obureema obutari bumwe na bumwe omu Uganda.

NUDIPU negyezaho kureeba ngu abantu abeine obureema babera muryokugigahara hamwe nokubera mumbera nungi.

Ekigyejendererwa kya NUDIPU ni okwihayo obugabe bwa bantu abeine obureema okureba ngu batunga iraka kandi bakonjera aha miturire yaabo.

OBURUGWO BWENDWARA YA CORONA

Okubarukaho kwe ndwara ya Corona virus (COVID-19) kukarangirirwa omu bantu beihanga rya China aha'biro 31/12/2019. Obwahati akakoko kajanjire omunsi yona n'omu mahanga goona otaireho na Uganda.

EMIRINGO EYI AKAKOKO KA CORONA KARI KUJANJARAMU

Akakoko nikatamburira munonga karikurabira omu machwante agarikuruga omu muntu ayine oburwaire bwa Corona, hamwe n'omu kwekunganyira hamwe kandi kareta oburwaire.

Akakoko nikatamburira kuruga aha muntu kuz'ahandijo omuntu , ninga yabanakorora (amachwante agarimu oburwaire) aha muntu nokuza ah'andijo muntu, okukwata aha mwanya oguriho obukoko.

Kandi n'ekyomugasho kureeba ngu abantu baguma nibakoresa ebintu byona ebirikubasa kubayamba ngu tibabasa kukwatwa endwara ya Corona Virus (Covid 19)

OBUMANYISO NO BUBONERO OBWENDWARA YA CORONA VIRUS (Covid 19)

- 1.Omushwija
- 2.Okusharirirwa aha mumiro
- 3.Orukororo
- 4.Okuburwa amaani omu mubiri
- 5.Okugumirwa omu kwitsya
- 6.Okuterwa omutwe
- 7.Kwituririka ebihinzi buri kanya.

EMIRINGO ERIKUBAASA KUYAMBA OKU TANGIRA OKU JANJARA KWA AKAKOKO KA CORONA VIRUS

1. Yehare okwekwata omu meisho, enyindo hamwe n'omunwa
2. Yetantare oku kwata ahamuntu arweire kandi yijuuka ngu abantu bamwe nibabassa kuba bataine obumanyitsyo kwonka nibabaasa okujanjara kw'akakoko
3. Sigara omuka waaba orweire
4. Shweka aha meisho waaba otakubaasa kwigira hare n'abantu ninga waaba noza omu mwanya gufunzire.
5. Chwera eki kororo ninga ofunize ebihinzi byawe omu kapapura aha nyima obinage
6. Yonja ebintu hamwe n'omwanya ahorikukunda kukwata burikire
7. Naba engaro zawe na sabundi hamwe n'amaizi ninga okozese sanitiyiza erimu obucweka nkanga ahari igana eya waragi.
8. Okunaaba omungaro kwine kubaho ahagati y'obutikitiki makumyana hamwe n'obutikitiki nkanga okurugirira aha ntekateka y'ebyamagara omunsi yoona.

EMIRINGO YOKUBAASA KUYAMBA ABANTU ABEINE OBUREEMA OMUBWIRE BWO KUJANJARA KW'AKAKOKO KA CORONA VIRUS (Covid 19)

1. Okuteka ah'abantu, obumanyitsyo oburi kubaasa kuyamba abareema aha bintu ebiri omu maisho hamwe n'ebikwasire aha ndwara bikabahikako
2. Okihitsya amukuru omuringo ogurii kukyenyikwa kandi gakujanjara omu bintu ebirikwetenjesa
3. Okutekaho omuringo oguri kubaasa kuhitsya amukuru omuringo oguri kubaasisa abareema ba buri muringo goona okugatunga. ekyokureberaho nka abatarikureeba, abatakuhurira na abatarikureeba kandi batarikuhurira
4. Okuteka ebishushani ebiri kukoze sibwa omu bihandiko nkaha mikutu kwonka bitari kworeeka obureema ninga kubarabyamu amaisho.
5. Okureeba ngu amakuru n'obuheereza oburi ku kwata ah'abarweire ba Corona n'abakubareberera bwahika buri hamwe
6. Ebitongole by'okwerinda hamwe n'ekirikukurira eby'okuryanisa okujanjara kw'endwara ya Corona beine kutekaho enkwatanisa nungi na n'ebitongore ebirikukurira abantu abaine obureema omwihanga ryoona n'aha ma district.

7. Amaani mingi gaine kutebwaho kurebeka ngu aha kugamba kw'omwebenzi w'ihinga ah'andwara ya Corona kwahika ahari buri mureema
8. Ebintu ebikubaasa kuyamba abareema omu bwaire bwo kubarukaho kw'endwara ya Corona byine kutebwa omu byanga bakabeta kandi bakabayamba bataine kubiha omu bandi.
9. Abantu abeine obureema barikwetaga okubahurira beine kubatwara omu mwamya murungi gurikurebekage, gurimu oby'okweyambisa nk'ekihoroni, ekinabiro hamwe n'ebintu ebiri kubaasa kubayambaho omu kutambura
10. Okutekaho abantu abari kubaasa okushobororera abareema namunonga abatakuhurira kugira ngu naabo batungye obuheereza omu bwire bw'okubarukaho kw'endwara ya Corona
11. Kutekaho ebyetago by'abantu abeine oburweire bw'omutwe hamwe nabakurwara ensimbo abatuura aha mubazi obwire bwoona bakabateraho enjendererwaho erikubaasa kubaho kandi bakarindwa engwara ya Corona
12. Govumenti eyaine kutekaho emiringo eshemerire aha bwa beegi abeine obureema aha mibiri yaabo kugumizamu ni bashomera omuka no bubakumaara akaire karingwa.

OKUHENDERA

Endwara ya Corona n'esigaara eri omunsi yoona burizooba. Ekitongore ky'eby'amagara omunsi yaitu Uganda nikyija kusigaara kirikukuha ebirikukwata aha ndwara egi.

NUDIPU neyeta abantu abeine obureema hamwe n'abanya Uganda boona okusigara barikukuratira ebiragiro kuruga omu kitongore eky'eby'amagara

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